Episode 12: My Hope and Stay

"For you have been my hope, Sovereign Lord, my confidence since my youth."
{ Psalm 71:5 }
NEW INTERNATIONAL VERSION

I have lots of prayer books in my home office, being a liturgist all these years, and just two stanzas in a certain little book really stood out to me.

Be with us Lord in the breaking; in the break of day, in the breaking of the bread, in the breaking of our lives, in the breaking of our hearts, in the breaking of our hopes. Be with us, Lord, for you alone can make us whole.

Be with us Lord in the outpouring; in the outpouring of the wine, in the outpouring of our hopes, in the outpouring of our troubles. Be with us, Lord, in the outpouring for you alone can make us whole.

You know the language of brokenness and our need for the Lord to be with us in these times is quite powerful, but the Eucharistic language isn't lost on me either. This is so important to us in our tradition though we can only be experiencing it from afar at the moment. A reminder to myself because I like to get my head down and keep busy, but we need to lean on the Lord for strength and to acknowledge our need of Him. As ever my prayer is with you that you'll know the Lord's strength and consoling presence in these days and that we remain ever mindful that in Him and only in Him can we face all this and do all things.

Lord, I come, I confess
Bowing here I find my rest
Without You I fall apart
You're the One that guides my heart

Lord, I need You, oh, I need You
Every hour I need You
My one defense, my righteousness
Oh God, how I need You

Where sin runs deep Your grace is more
Where grace is found, is where You are
Where You are, Lord, I am free
Holiness is Christ in me

So teach my song to rise to You
When temptation comes my way
When I cannot stand I'll fall on You
Jesus, You're my hope and stay

Lord, I Need You
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How is the Lord your hope and stay today?