



Episode 1: Yet I Will Rejoice

"Though the fig tree does not bud and there are no grapes on the vines,
though the olive crop fails and the fields produce no food,
though there are no sheep in the pen and no cattle in the stalls,
yet I will rejoice in the Lord, I will be joyful in God my Saviour."

{ Habakkuk 3:17-18 }

NEW INTERNATIONAL VERSION

Hopefully, we are *social-distancing* as we've been asked to – because that is probably the single most effective thing we can do in terms of mitigating the effect of the Coronavirus.

For me, social distancing means staying at home when I should've been on the road clocking-up music ministry miles. It means a cancelled Diocesan Pilgrimage to Lourdes. It means cancelled events and bookings in the weeks and months ahead. And as our Bishops announced today, it means no public Masses for the foreseeable future.

Time on our hands and nowhere to go.

Everything seems to be going a little crazy. Maybe you find yourself sick and feel that your body is failing. Maybe you're experiencing the loneliness of *self-isolation*. Perhaps your work is thin on the ground or you are climbing the walls because you're home-schooling. Though we cannot attend in person and receive the Eucharist and the Sacraments in the coming weeks, still let us rejoice. Let us rejoice in God our Saviour... because God is good.

The Lord's my Shepherd, I'll not want;
He makes me down to lie
In pastures green; He leadeth me
The quiet waters by.

My soul He doth restore again
And me to walk doth make
Within the paths of righteousness,
E'en for His own name's sake.

Yea, tho' I walk in death's dark vale,
Yet will I fear no ill;
For Thou art with me, and Thy rod
And staff me comfort still.

My table Thou hast furnished
In presence of my foes;
My head Thou dost with oil anoint,
And my cup overflows.

Goodness and mercy, all my life,
Shall surely follow me;
And in God's house forevermore
My dwelling place shall be.

The Lord's My Shepherd

Words from Psalm 22(23)
Francis Rous, et al., 1650

What are some ways you can rejoice in God
and see His goodness in your life during this time?